

August 6, 2023
Communion Sunday

No matter who you are,
No matter where you are
On life's journey,
You are welcome here.

Please silence cell phones.

*Bibles for use during worship are available at each entrance to the Sanctuary.
Assisted listening devices and Bluetooth hearing aid guides are in the Narthex.
The Nursery and Toddler Room are open for children ages 0-5, from 10 to 11 a.m.*

THOUGHT FOR PREPARATION

We are not hungry just for food, we are hungry for acceptance and love and connection to God. We often don't realize that the deep hunger within us is for God. We try to fill ourselves with all the luxury of the world, but only God can satisfy our deep hunger. This is why Jesus told us that he is the bread of life.

PRELUDE

The Blessed Spirits Christoph Willibald Gluck
from Orfeo ed Euridice
Owen Waldschmidt, cello
Kecia Waldschmidt, piano

CHIMES

INTROIT

Alphornmedley K. Florian Burgener
Natalie Douglass Grana, alphorn and A. Raban Brunner
Kevin Dzierzawski, organ

WELCOME

Jeff Carlson

* WELCOMING EACH OTHER

* CALL TO WORSHIP

One: We come with joy, as children of God to serve and to be fed.

All: **We come with Christians far and near, to learn we all are one.**

One: Christ breaks bread and invites us here.

All: **Christ feeds us and calls us to feed others in his name.**

** Please stand if you are able to do so.*

HYMN

I Come With Joy

1. I come with joy, a child of God, for - giv - en, loved, and
2. I come with Chris - tians far and near to find, as all are
3. As Christ breaks bread, and bids us share, each proud di - vi - sion
4. And thus we meet, and bet - ter know the Pres - ence, ev - er
5. To - geth - er met, to - geth - er bound, in friend - ship we will



free, _____ The life of Je - sus to re - call, in
 fed, _____ The new com - mu - ni - ty of love in
 ends. _____ The love that made us, makes us one, and
 near, _____ And join our hearts and sing with joy that
 stay, _____ And go with joy _____ to love the world and



love laid down for me, _____ in love laid down for me. _____
 Christ's com - mu - nion bread, _____ in Christ's com - mu - nion bread. _____
 strang - ers now _____ are friends, and strang - ers now _____ are friends.
 Christ is ris - en here, _____ that Christ is ris - en here. _____
 live the way _____ we pray, _____ and live the way _____ we pray. _____

PRAYER OF CONFESSION

Liz Nickerson

Loving God, we confess that we come before you hungry. Hungry for lives of meaning and purpose. We look to the world to find our purpose and find ourselves starving rather than looking to your word, rather than praying to you, to guide and fill us. Forgive us that we look to everyone but you for answers and are so easily led astray. Show us how to be fed by you and to feed others in your name. Hear now in silence our personal confessions....

WORDS OF ASSURANCE

ANTHEM

Andante

Richard Strauss

from *Hornkonzert in E Flat Major, Op. 11*

Natalie Douglas Grana, French horn

Kevin Dzierzawski, piano

SCRIPTURE

Doug Heyboer

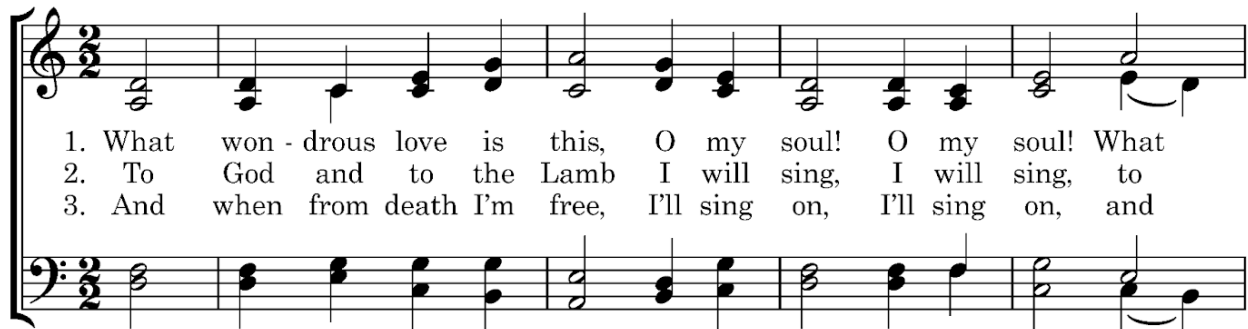
Matthew 14:13-21

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd, and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven and blessed and broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled, and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

* RESPONSE

What Wondrous Love Is This

v. 1



1. What won - drous love is this, O my soul! O my soul! What
2. To God and to the Lamb I will sing, I will sing, to
3. And when from death I'm free, I'll sing on, I'll sing on, and



won - drous love is this, O my soul! What won - drous love is
God and to the Lamb, I will sing; To God and to the
when from death I'm free, I'll sing on! And when from death I'm



this! that Christ should come in bliss to bear the heav - y cross for my
Lamb who is the great I Am, while mil - lions join the theme, I will
free, I'll sing and joy - ful be, and through e - ter - ni - ty I'll sing



soul, for my soul, to bear the heav - y cross for my soul!
sing, I will sing; while mil - lions join the theme, I will sing.
on, I'll sing on, and through e - ter - ni - ty I'll sing on!

SERMON

"Feed Them"

Liz Nickerson

* HYMN

Come My Way, My Truth, My Life

1. Come, my Way, my Truth, my Life: such a way as gives us
2. Come, my Light, my Feast, my Strength: such a light as shows a
3. Come, my Joy, my Love, my Heart: such a joy as none can

breath; Such a truth as ends all strife;
feast; Such a feast as mends in length;
move; Such a love as none can part;

such a life as con - - - quers death.
such a strength as makes _____ a guest.
such a heart as joys _____ in love.

OFFERTORY

I Want Jesus to Walk With Me

Black Spiritual

Kecia Waldschmidt, soloist

arr. Philip Orem

Brendan Henry, piano

I want Jesus to walk with me.
I want Jesus to walk with me.
All along my pilgrim journey,
I want Jesus to walk with me.

In my trial, Lord, walk with me
In my trials, Lord, walk with me
When the shades of life are falling
Lord, I want Jesus to walk with me.

When I'm in trouble, Lord walk with me
When I'm in trouble, Lord walk with me
When my head is bowed in sorrow,
Lord, I want Jesus to walk with me.

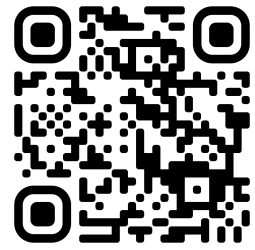
Lord, I want Jesus to walk with me.
All along my pilgrim journey,
Lord, I want Jesus to walk with me.

You can give to St. Pauls electronically:

Scan this code with your cell phone camera,

Church Center at spucc.churchcenter.com/giving,

PayPal at spucc.org/paypal, or Zelle to giving@spucc.org.



*** FESTIVAL DOXOLOGY**

Praise God from whom all blessings flow; Praise God all creatures here be - low;

Al - le - lu - ia, Al - le - lu - ia! Praise God a - bove, ye heav'n - ly host:

Cre - a - tor, Christ, and Ho - ly Ghost; Al - le - lu - ia, Al - le - lu - ia,

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia! A - men.

CELEBRATION OF THE SACRAMENT OF COMMUNION

INVITATION TO THE TABLE

WORDS OF INSTITUTION & PRAYER OF CONSECRATION

THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory forever.
Amen.**

SERVING OF THE BREAD AND CUP

Please come forward for communion.

Take the bread and eat it. Then take the cup and drink.

Deposit the cups in the baskets on the way back to your seat.

The outer ring of cups contains grape juice. The inner rings contain wine.

A gluten-free bread option is wrapped and available on a separate tray.

Return to your seat by the side aisles. All are welcome to take part in communion.

COMMUNION MUSIC

Reflections
St. Arbucks Quartet

Kris Hansen

* COMMUNION HYMN

Let Us Break Bread Together



1. Let us break bread to - geth - er on our knees; _____
2. Let us drink wine to - geth - er on our knees; _____
3. Let us praise God to - geth - er on our knees; _____



Let us break bread to - geth - er on our knees. _____
Let us drink wine to - geth - er on our knees. _____
Let us praise God to - geth - er on our knees. _____



When I fall on my knees, with my face to the ris - ing sun,



O Lord, have mer - cy on me.

* PRAYER OF THANKSGIVING

God of all creation, thank you for feeding us. Communion is a reminder of your sustaining presence in our lives and that your Spirit is here now. So show us how to draw closer to you in our prayers. Help us to understand our connection to each other, to you and to all of creation through this bread and cup. Help us to call out to you to nourish our souls and challenge us to feed others in your name. Amen.

* HYMN

I Sing the Mighty Power of God

1. I sing the might - y pow'r of God, That made the moun-tains rise,
2. I sing the good - ness of the Lord, That filled the earth with food;
3. There's not a plant or flow'r be - low, But makes thy glo - ries known;

That spread the flow - ing seas a-broad, And built the loft - y skies.
He formed the crea - tures with his word, And then pro-nounced them good.
And clouds a - rise and tem - pests blow By or - der from thy throne,

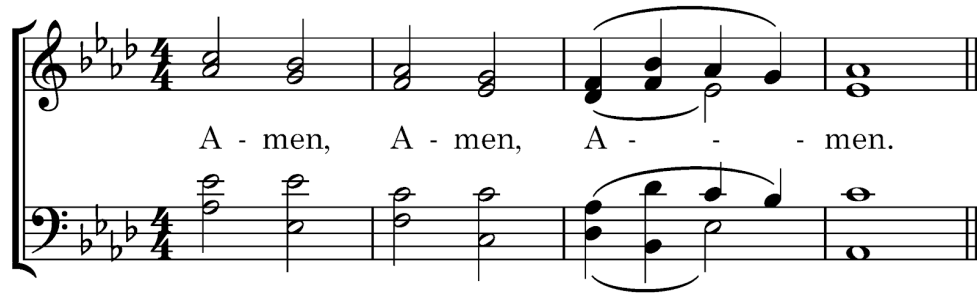
I sing the wis - dom that or - dained The sun to rule the day;—
Lord, how thy won - ders are dis-played, Wher - e'er I turn my eye:—
While all that bor - rows life from thee is ev - er in thy care,—

The moon shines full at his com-mand, And all the stars o - bey.
If I sur-vey the ground I tread Or gaze up - on the sky!
And ev - 'ry - where that man can be, Thou, God, art pres-ent there.

The musical score is written for a four-part setting (Soprano, Alto, Tenor, Bass) in the key of D major (two sharps) and 4/4 time. It consists of four systems of music, each with a vocal line and a piano accompaniment line. The lyrics are printed below the vocal line of each system. The first system contains three verses of the hymn. The second system continues the lyrics. The third system continues the lyrics. The fourth system concludes the hymn with a double bar line.

* BENEDICTION

* BENEDICTION RESPONSE



POSTLUDE

I Saw the Light
St. Arbucks Quartet

Hank Williams

If you would like someone to pray with you today, Stephen Ministers are present after the Postlude at the right front of the Sanctuary.

Following Worship, all are invited to coffee hour in the Social Hall, directly below the Sanctuary.

INFORMATION FOR FAMILIES

- Childcare is available for babies and toddlers up to age 5 during worship from 10 to 11 a.m. in the Nursery and Toddler Room downstairs.
- Older children are encouraged to worship with their parents. Look for the children's Bibles placed throughout the pews. Activity "busy bags" are available in the Narthex.
- Did you know that there are two playgrounds immediately to the south of the church? Consider arriving early for church and giving your kids some free time at the playground this summer! This is a terrific incentive for getting them out the door: "If you're ready to go by 9:15, we can stop by the playground and run around with some other church friends!"
- UPCOMING SUMMER ELEMENTARY SUNDAY SCHOOL DATES: August 20 & 27
- REGULAR SUNDAY CHILDREN & YOUTH PROGRAMS resume on September 17.

TODAY'S WORSHIP LEADERS

Clergy: Jeff Carlson, Liz Nickerson

Music Director: Kurt R. Hansen

Organist: Kevin Dzierzawski

St. Arbucks Quartet: Brendan Henry, piano; Alex Austin, bass; Matt Plaskota, drums; Kris Hansen, trumpet & vocals

Lay Liturgical Administrator: Kevin O'Brien

Communion Coordinator: Jana O'Brien

Communion Servers: Jill Wachholz

Scripture Reader: Doug Heyboer

Head Usher: Beatrice Jaji

Ushers: Juanita Barlow, Mary Brown, David Faulkner

Gatekeeper: Dodd Brown

Camera Operators: Jim Alrutz, Marie Ankenman, Bob Ball, Jose Cruz, Brian Hafner

Custodian: Ramiro Gonzalez

Communion bread baked by Marcia Knudson.

BORN THIS WEEK IN AUGUST

We give thanks for your life at St. Pauls. A perfect way to celebrate is by giving one dollar for each year of your life to our Birthday Fund, which supports A Just Harvest.

August 6 Jenn Rogers

August 7 Amy Beck, Moe Kelly, Wayne Bradley

August 8 Jim Javorcic, Owen Bunch

August 9 Pat Grose, Eleanore McGuire

August 10 Peg Wander, Sally Connolly, Scott Hibbard, Nate Davidson

August 11 Anna-Kate Trubilowicz, Nathan Streeter, Steve Schwartzberg,
Ben Smith

August 12 Natalie Douglass Grana, Rick Newbury

MARK YOUR CALENDAR

See our full event calendar online at spucc.churchcenter.com/calendar.

** Events marked with an asterisk are in a non-wheelchair accessible location.*

Contact the church office or group leader for more information.

TODAY - YOUNG ADULT BRUNCH - 11:15 a.m.

Join us for good food and conversation immediately following the service! We will meet in the courtyard by the bell and walk to a local brunch spot. We are planning a lot of great events for fall, so scan the QR code and join our group on the GroupMe app to get all the info. Questions? Please email youngadults@spucc.org or post on the app!



AUGUST 9 - WEDNESDAY BIBLE STUDY - 12 p.m., Zoom

We're studying a book we've never studied before - Leviticus! It can be off-putting with its rituals and animal sacrifices, but it's also the book from which Jesus got "love your neighbor as yourself." Join us as we look for treasure in unfamiliar terrain! RSVP to Jeff, jcarlson@spucc.org.

AUGUST 9 - GRANT PARK MUSIC FESTIVAL w/ ST. PAULS SOCIAL - 6:30-8 p.m.

Adults of all ages are invited to join St. Pauls Social and hosts Andrea Koepke and Jan Fraccaro for the Grant Park Music Festival. The performance will be by Troupe Vertigo, a combination of circus, dance, and musical theater. The beautiful Jay Pritzker Pavilion will be the background for this amazing event. Please bring your food, drink, chairs, blankets, etc., and join us on the lawn. Look for the two blue balloons flying high to guide you to the St. Pauls group. You don't want to miss this amazing experience!

AUGUST 15 - RETIREMENT GROUP - 10 a.m., Parlor*

The Retirement Group meets at 10 a.m. on the third Tuesday of the month. Please join us to discuss our transition paths, ways we found ourselves here, what's meaningful, and what's next with or without planned health, funds or companionship. For more info, contact Marcia Knudson at marciaknudson@gmail.com.

AUGUST 16 - AN EVENING ON THE DOCTRINE OF DISCOVERY - 6 p.m. Social Hall

How did 15th century papal bulls become the legal basis of the treatment of North American Indigenous nations? Join us for a light meal and documentary viewing and discussion of *The Doctrine of Discovery*, with co-director and author Steve Newcomb to find out! His 2008 book, *Pagans in the Promised Land*, and this 2015 documentary powerfully attack the presumption that Indigenous nations are legitimately subject to the plenary power of the United States, explain how this extraordinary presumption entered U.S. law, policy and conduct, and convey something of its horrific consequences. There will be a free will offering to cover costs. Please register at spucc.churchcenter.com/registrations/events/1827158.

AUGUST 20 - BABY SHOWER FOR GUEST FAMILY - 11 a.m., Gym

We celebrate the upcoming birth to Armanyelis and Gustavo who have been living with us here at St. Pauls this summer! During the August 20 coffee hour in the gym after worship, we will include a shower for the couple and their soon-to-arrive baby due this fall. If you wish to bring a gift, we suggest basic layette items and Target gift cards to provide flexibility as their housing is in transition. Also looking for a gently used stroller and infant car seat. We have a pack and play already donated. Contact Lynn Dykstra Davis with any questions. Lrdykstra@aol.com, (773) 407-1896

AUGUST 22 - SACK LUNCH GROUP: FOOD FOR THE SOUL - 12 -1:30 p.m., Social Hall

Sponsored by St. Pauls Social. Adults of all ages are invited. Make new friends and connect with old ones with lunch (please bring your own), fellowship, fun, and faith. Associate Pastor Jeff Carlson will be at the piano for a "Hymn Sing" after we eat. This is your chance to sing your favorite hymn from either the Red or Black Hymnal. You choose the hymns, Pastor Jeff will play them, and everyone will sing. Along with the singing, test your hymnology with a game of "Name That Hymn!" RSVP is appreciated but coming at the last minute is fine, as well as needing to leave early! spucc.churchcenter.com/registrations/events/1746758

AUGUST 27 - NEW MEMBER CLASS - 11 a.m., Sky Room*

Join pastors, members and others curious about St. Pauls for our upcoming New Member Class. Together we'll talk about faith and our community, and we'd love for you to be part of the conversation! We'll meet after worship, and childcare will be provided as needed (please let us know in your registration). The joining date for this class will be Sept. 17. Register here: spucc.churchcenter.com/registrations/events/1870150. Can't attend this time? Click the link to see other upcoming class dates too!

ANNOUNCEMENTS

CONSIDER THE LILIES - Are you looking for a way to get involved with the life of St. Pauls? Join the team that delivers our Sunday altar flowers to members and friends who need to know St. Pauls is thinking of them. We hope to have enough volunteers so that each team member makes a delivery once a month. If you would like to be part of this initiative, please contact Jan Bail at janbail@msn.com.

CHANCEL CHOIR ON SUMMER BREAK - Our Chancel Choir is on summer break and will return to worship services on our Kick-off Sunday, September 10. Until then, music will be provided by talented members of our congregation each Sunday.

JOIN THE MOVEMENT - provided by SPARC

Our partners at Community Renewal Society (CRS) “work every day to become a region free of race and class barriers, a mission that ultimately leads to a Beloved Community where all of God’s children can flourish and prosper.” They invite us to examine how “the Japanese American reparations movement serves as an example and inspiration for ongoing efforts to secure reparations for other marginalized communities.” Drawing on the history of reparations for survivors of Japanese American internment camps during World War II, note the striking similarities between that fight and the current demand for reparations. Read part two of *The Kansha Project*, tinyurl.com/55mt72tr.

CREATION CORNER - provided by the Green Team

Adapting to Heat –Within limits, it is possible for the body to adapt to heat through heat acclimatization, a process which allows the body’s plasma volume to expand so it has more fluid to support sweating. Acclimatization takes a week or longer and begins with 10-15 minutes exposure every other day with intensifying activities and increasing exposure time. It also requires rest every other day, in a cool area, to recover. It is important to listen to your body for signs of heat stress (nausea, lightheadedness, cramping) and stop activities. -*Washington Post*, July 25, 2023

OPPORTUNITIES

ACTIVISM & ADVOCACY MINISTRY – Do you have a passion for reaching out to others? The St. Pauls Activism & Advocacy Ministry would love you to join us in keeping our church engaged in community outreach. For more information, contact Jennifer Kew, JenniferLKew@gmail.com, or Pastor Jeff, jcarlson@spucc.org.

ALTAR FLOWERS – Providing flowers for the altar is an excellent way to celebrate a special event in your life: an anniversary, a birthday, a holiday, or just because you like flowers. There are still many dates available this year!

Sign up for 2023 dates at spucc.churchcenter.com/registrations/events/1517246.

BASKETBALL – Now on Wednesdays. Join us for a weekly pickup game! All skill levels welcome. Email Pastor Matt to get on the updates list, mfitzgerald@spucc.org.

THE BOOK NOOK – Find your next good read or drop off books to share in the Social Hall. Donations are welcome – just add them to the shelf for “New Arrivals” or leave them on the floor next to the bookcase. We appreciate all genres, including books for kids. Questions, contact Linda Nitzsche, lindanitz@yahoo.com.

CAREGIVERS’ GROUP – A caregiving role can be a source of love, joy and considerable stress, but it’s easier when it doesn’t feel like you’re the only one. The St. Pauls Caregivers’ Group is an informal support group of people who are responsible for the care of parents, partners, friends, or children with illnesses or disabilities. We gather via Zoom the first and third Wednesdays of each month from 10 to 11 a.m. to listen, share, empathize, and encourage. Contact Pam Woll pamelawoll@sbcglobal.net with questions, or Claire Higgins at chiggins@spucc.org to be added to the email list.

CHURCH CENTER – spucc.churchcenter.com is our portal for St. Pauls members and friends. See our calendar, register for events, update your information, join our photo directory, manage your online donations, see your giving history, and more!

COMMON PANTRY COMMUNION SUNDAYS – We’re collecting food for the Common Pantry every communion Sunday - usually the first Sunday of the month. See their wishlist for most-needed items here, commonpantry.org/donations. Modest-sized products are best for distribution (e.g., a few 24 oz. containers of cooking oil are preferable to a 64 oz. container). Leave items in the Narthex bin.

CONNECTORS reach out providing networking and support for members and friends of St. Pauls. Membership is open to all who have the time and the inclination to help. Contact Marcia Volk at marcia@volkonline.com.

EMERGENCY CONTACT FORM & CARDS – Follow this link for additional information: spucc.churchcenter.com/people/forms/178271.

GREEN TEAM – As people of faith, members of St. Pauls are called to “Care for Creation.” To that end, the Green Team is seeking new members, particularly young adults and youth, as we become a Creation Justice church, recognized by the UCC. We would love to have you! If you are interested, please contact either of the new interim Green Team co-chairs, Ninon Freeman at nlanda05@yahoo.com or Rick Peterson at rnpeterson2017@gmail.com.

HANDWORK MEET-UP – If you enjoy handwork, you’re invited to sit together in community on the first Sunday of the month at a drop-in handwork group. We will gather in a corner of the Social Hall for one hour after the worship service. Bring along a sandwich if you wish. New to handwork? We have expert knitters, crocheters, embroiderers, and sewers to help you get started with a project.

LITTLE LIGHTS is a St. Pauls early childhood program with classes for 2, 3, and 4-year-olds. We are now accepting applications for the 2023/24 school year. Check out www.littlelightslp.org. If you would like to schedule a tour or have additional questions, contact Little Lights Director Erin Fitzgerald at littlelights@spucc.org.

LPCS VOLUNTEERING – Lincoln Park Community Services has a new volunteer opportunity on Tuesdays and Thursdays from 11:30 a.m. to 2:30 p.m., or 2:30 p.m. to 5:30 p.m. You will prepare LPCS-provided lunches for their street outreach program and welcome folks coming for drop-in services. To learn more about this program, contact volunteer coordinator Lynne Brenan at lynnebrenan@yahoo.com or (630) 542-7012. Learn more here: tinyurl.com/4sfbcmpx.

NEW MEMBER CLASS August 27 - Join pastors, members, and others curious about St. Pauls for an upcoming New Member Class. Together we'll talk about faith and our community, and we'd love for you to be part of the conversation! We'll meet after worship, and childcare will be provided as needed (please let us know in your registration). See upcoming dates here: spucc.org/new_member_classes

PICKLEBALL – Have you tried the growing sport of Pickleball yet? We hold pick-up games in the St. Pauls gym every week. Sign up at the ChurchCenter link below and show up at one of the allotted times! We have spare paddles and balls. All skill levels are invited. If you have questions, call or text Steve Garrett at (312) 208-0636. Game Times: Tuesdays: 5:30-8:30 p.m; Fridays: 2-3 p.m.
spucc.churchcenter.com/groups/saint-pauls-groups/pickleball

POP TAB PROGRAM: RONALD McDONALD HOUSE CHARITY – Help support the Ronald McDonald Charities by saving aluminum tabs from all kinds of cans: soda, canned foods, pet food, etc. Find a container and start collecting. Bring your pop tab donations to the Social Hall and add them to our collection bin. This is a wonderful opportunity to introduce young children to helping others and recycling. Little things like pop tabs can make a big difference!

SCRIPTURE READER VOLUNTEERS – Volunteers are needed for the 10 a.m. in-person worship service each week to read the scripture passage of the day. Learn more and sign up here: spucc.churchcenter.com/registrations/events/1508612.

ST. PAULS SOCIAL – Get better acquainted with other adults at St. Pauls. If you are interested in hosting, please contact Jen Luerksen at jenluerksen@yahoo.com. Subscribe to the distribution list below, or look out for future events in the bulletin calendar: spucc.churchcenter.com/groups/saint-pauls-groups/st-pauls-social.

SPARC (St. Pauls Anti-Racism Cluster) meets monthly to discern how we as a congregation can answer the call to live our faith in an age of injustice. We invite you to join us in identifying the educational opportunities, resources, and actions to take on our journey toward racial justice. To participate or share your ideas, contact Cindy Ball at cindyball11@gmail.com.

STEPHEN MINISTRY AT ST. PAULS – If you're in need of support through a tough time and would like to be matched with someone who would support you with companionship and prayer, or you're feeling called to offer support, speak to Pastor Jeff Carlson (jcarlson@spucc.org), Marti Pechnyo (mpechnyo@gmail.com), or Barb Kaiser (bkaiser2213@gmail.com).

YOUNG ADULTS – A group for fun and fellowship for folks in their twenties and thirties. Join our GroupMe group here or Email us at youngadults@spucc.org.

YOUTH & FAMILY NEWSLETTER – Make sure you stay in the know with youth events! A weekly email is sent to parents to share activities, including Sunday School lessons and other useful news. Please contact Erin Fitzgerald at erin.fitzgerald@spucc.org to be added to the list.

YOUTH CHOIRS – If your child has any interest in music, please join us! Kecia Waldschmidt is leading Paul's People for 4th-8th graders. Breanna Coe and Karen Johnson are leading the Children's Choir for kids K-3rd grade. Rehearsals are 9:30 on Sunday mornings during the school year.

BULLETIN ANNOUNCEMENTS

Please send announcements for St. Pauls-sponsored events to chiggins@spucc.org no later than 10 a.m. on Wednesdays, for publication in the Friday email and next Sunday bulletin. You are welcome to share personal announcements and event invitations in our Facebook Group, St. Pauls Together.
Please limit announcements to 100 words. Thank you!

TODAY'S MUSIC

The Blessed Spirits is from the opera *Orfeo ed Euridice* (1762) by Christoph Willibald Gluck (1714-1787). The music depicts the sorrowful song of Orpheus, a legendary musician in Greek mythology who journeyed to the underworld to plead for the release of his deceased wife Euridice. Gluck used increased orchestral music in his operas to heighten the drama and reduced the number of recitatives and repeats in arias.

What is an Alphorn? The translation is literally "alpine horn." It is traditionally made of spruce or pine in one piece from a single tree and is usually 15 to 16 feet long. It was used by shepherds to call their flocks and also for communication between mountain villages. It is now played at festivals. Dr. Natalie Grana hosted the second annual Windy City Alphorn Workshop this past May, which included students from this country and abroad.

The ***Alphornmedley*** was composed and arranged in 2021 by K. Florian Burgener, who also plays and teaches classical trumpet in Germany, and A. Raban Brunner (1998), who is a German comedian in addition to being a musician. We can guarantee this is the first time an Alphorn has ever been played in worship at St. Pauls.

The text of ***I Come With Joy*** was written by Brian Wren (b. 1936), a pastor in the Congregational Church in England. He wrote the hymn as a summary of a series of sermons on the meaning of communion. The tune is an old American hymn, DOVE OF PEACE, from the *Southern Harmony* hymnal, part of the Sacred Harp tradition. It was arranged by Austin Lovelace (1919-2010), who was organist and choirmaster at First United Methodist Church in Evanston for several years..

The ***Hornkonzert in E Flat Major Op. 11*** was composed in 1883 for French horn by Richard Strauss (1864-1949) when he was still a teenager. He composed it in versions for piano accompaniment and orchestra. Strauss obviously loved the French horn since this was his first concerto for any instrument. He composed the *Second Hornkonzert* in 1942 in the midst of World War II. Although he composed great operas, other concertos, and large works for orchestra, Strauss is probably best known for his orchestral tone poem *Also sprach Zarathustra* (Thus Spoke Zarathustra) in 1898. Zarathustra was an Iranian prophet who was the spiritual founder of the Zoroastrianism movement, which deals with the profound struggle between good and evil. The opening of the tone poem is famously associated with Stanley Kubrik's 1968 film *2001: A Space Odyssey* and has been used for many commercials as well.

Reflections was composed in 2022 by Kris Hansen (b. 1995). He is a regular member of the St. Arbucks Quartet in addition to having an active music career as a performer – voice, keyboards and trumpet – and composer. Kris was baptized and raised at St. Pauls.

The tune and text for ***Let Us Break Bread Together***, the well known communion hymn, are unattributed but became widely known after being printed in 1926 in *The Second Book of Negro Spirituals*, which was curated and compiled by the famous poet James Weldon Johnson and equally prominent composer J. Rosamond Johnson. The history of the text and tune probably predates the Civil War.

What Wondrous Love Is This is another truly great and uniquely American hymn. Neither the author nor composer of the tune, WONDROUS LOVE or CHRISTOPHER, is known, but it was first published in *Southern Harmony*, in the same early 19th Century era as the *Sacred Harp*. Musically, it has both a spiritual slow swing and an open harmony with very few major chords.

Come My Way, My Truth, My Life is a text by George Herbert (1593-1633). He bears the title "Shakespeare of the Church." Herbert was a contemporary of "The Bard" (1564-1616), and like Shakespeare, his poetry lifted common religious practice to the spiritually sublime. THE CALL was composed by Ralph Vaughan Williams (1872-1958) as part of a cycle for baritone, choir and orchestra, *Five Mystical Songs*, composed between 1906 and 1911 using the poetry of Herbert. Vaughan Williams then adapted THE CALL as a congregational hymn. The words are especially appropriate for a communion Sunday.

I Want Jesus to Walk With Me is another great spiritual from the Black church tradition. Neither the text nor tune are attributed. The melody has an easy walking swing that mimics the simple joy of walking with Jesus by your side. Phil Orem (b. 1958) is a Chicago based composer and pianist. He was in the Alice Millar Chapel Choir with both Kurt and Terry Hansen, and was even the pianist in Kurt's voice studio for a number of years. Phil has composed music for voice, choirs, chamber music, and orchestras.

I Sing the Mighty Power of God is a text by Issac Watts (1674-1848), the eminent English poet, who set the entire books of Psalms as poetry, including Psalm 90, *Our God Our Help in Ages Past*. His poetry has inspired many composers. BETHLEHEM was composed by Joseph Barnaby (1838-1896). He was a renowned British choral director who introduced Bach's *Matthew and John Passions* in English translations to English audiences. He was knighted by Queen Victoria.

I Saw the Light was composed and recorded in 1952 by Hank Williams (1923-1953). He was a beloved country music singer and composer. In his all-too-short life, he recorded 35 singles, 11 of which reached No. 1 on the Country & Western charts.

ST. PAULS PRAYS

Please clip this page and pray for those who are named below. To have your prayer request included, simply ask a pastor in person, on the phone or by email.

Our practice is to run each prayer request for four weeks and then remove it. If you would like to continue a prayer request after four weeks, let a pastor know.

- Family and friends of Michael Toomin at his death. A memorial service will be held at St. Pauls on Aug 15 at 4:30 p.m.
- Theresa Herlevsen and family at the death of her mother Gertrude.
- David Bueschel and family at the death of Betsy Bueschel.
- Students and staff of the GCE school in Chicago, which recently closed.
- LeeAnne Tongue.
- Friends and family of Bo at his death.
- Leroy Johnson, husband of Karen L. Johnson, in the hospital diagnosed with acute leukemia.
- New member Irem Metin, who is recovering from surgery. Please keep Irem, her husband William, and sons Aidan and Benjamin in your prayers.
- Sarah and her children, Emma and Jack, at the loss of their husband/father in an accident.
- Carole Crowley, recovering from a stroke.

Prayer, Support, Mental Health Resources

Even when you walk through the valley of shadows, God is with you. Help is available for every kind of issue. Contact one of the pastors today for support, referrals, and information that can help you and your loved ones.

ABOUT ST. PAULS
Making a Joyful Sound in the City!

St. Pauls UCC has a vibrant history in the city of Chicago. Founded in 1843, we are one of the city's oldest churches. In 1989, we became one of America's first congregations to declare ourselves "Open and Affirming" of LGBTQ+ people.

From founding Chicago's largest provider of social services to at-risk children to starting a home for the elderly, from housing protestors at the 1968 Democratic Convention to hosting Lincoln Park's first MLK day march against violence on Chicago's streets, we are proud to make a joyful sound in the city.

Most important, over the past 179 years we are glad to have introduced thousands of children and adults to the amazing, inclusive, life changing, uplifting love of God. We do so in worship that is traditional, but far from conventional.

Senior Pastor Matt Fitzgerald, mfitzgerald@spucc.org
Associate Pastor Jeff Carlson, jcarlson@spucc.org
Associate Pastor Liz Nickerson, lnickerson@spucc.org

For a complete list of St. Pauls Staff, Governance, and Lay Leadership
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Free Parking is available Sundays from 9 a.m. - 1 p.m.
at the Lincoln Common Parking Garage, 2316 N. Lincoln Ave.
Parking validation is available in the Narthex.



WELCOME TO SAINT PAULS UCC!

Welcome to those whose hearts are on fire with faith,
and to those who bring their doubt inside our doors.

Welcome to our first time guests and
our longtime members.

Welcome to single people, tiny children,
grandparents and families of all configurations.

Welcome to those who rejoice and to those who grieve.

Welcome to each and to everyone.

We are an Open and Affirming church.

We welcome all.

We are blessed by your presence and
we are glad you are here.