

August 3, 2025
Communion Sunday

No matter who you are,
No matter where you are
On life's journey,
You are welcome here.

Please silence cell phones.

*Bibles for use during worship are available at each entrance to the Sanctuary.
Assisted listening devices and Bluetooth hearing aid guides are in the Narthex.
The Nursery and Toddler Room are open for children ages 0-5, from 10 to 11 a.m.*

PRELUDE

Élégie

Jules Massenet

Owen Waldschmidt, cello and Kecia Waldschmidt, piano

WELCOME

Liz Nickerson

* WELCOMING EACH OTHER

* CALL TO WORSHIP *Psalms 103*

One: Bless the Lord, O my soul. Bless God's Holy Name.

All: God satisfies us with good as long as we live.

One: God does not deal with us according to our sin.

All: God's faithful love is higher than the heavens.

One: As a mother has compassion for her children,
So the Lord has compassion on us.

**All: Bless the Lord, O my soul,
All that is within me, bless God's holy name.**

** Please stand if you are able to do so.*

* HYMN

Enter, Rejoice and Come In

1. En - ter, re - joice, and come in. En - ter, re - joice, and come in.
2. O - pen your - self to the song. O - pen your - self to the song.
3. O - pen your hearts ev - ery - one. O - pen your hearts ev - ery - one.
4. Don't be a - fraid of some change. Don't be a - fraid of some change.
5. En - ter, re - joice, and come in. En - ter, re - joice, and come in.
To - day will be a joy - ful day; en - ter, re - joice, and come in.

PRAYER OF CONFESSION

Jeff Carlson

Gracious God, we confess that we misuse your name for our own causes.

**We prefer our kingdom to your Kingdom,
our will to your Will.**

Daily bread is not enough for us.

We carry grudges rather than forgiving as freely as you forgive us.

Our feet are easily led into temptation.

God, deliver us from evil.

Let your kingdom, your power and your glory shape our lives,

That we might live the prayer Jesus taught us.

Amen.

MOMENT OF SILENT PRAYER

WORDS OF ASSURANCE

RESPONSE

Let Us Break Bread Together

v. 1



1. Let us break bread to - geth - er on our knees; _____
 2. Let us drink wine to - geth - er on our knees; _____
 3. Let us praise God to - geth - er on our knees; _____

Let us break bread to - geth - er on our knees. _____
 Let us drink wine to - geth - er on our knees. _____
 Let us praise God to - geth - er on our knees. _____

When I fall on my knees, with my face to the ris - ing sun,

O Lord, have mer - cy on me.

SCRIPTURE

Jen Luerrsen

Luke 11:1-13

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." So he said to them, "When you pray, say:

Father, may your name be revered as holy.

May your kingdom come.

Give us each day our daily bread.

And forgive us our sins,

for we ourselves forgive everyone indebted to us.

And do not bring us to the time of trial."

And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread, for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything out of friendship, at least because of his persistence he will get up and give him whatever he needs.

"So I say to you, ask, and it will be given to you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asked for a fish, would give a snake instead of a fish? Or if the child asked for an egg, would give a scorpion? If you, then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

*** STATEMENT OF FAITH**

**We believe in God who has created and is creating,
who has come to us in Jesus Christ to reconcile and make us new,
who works in us and others by the Holy Spirit.**

**We trust God. God calls us to be the Church,
to celebrate God's presence,
to love and serve others,
to care for creation,
to seek justice and to resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.**

In life and death, in life beyond death, God is with us.

We are not alone. Thanks be to God!

(adapted from the United Church of Canada)

*** RESPONSE**

Let Us Break Bread Together

vv. 3-4

See previous hymn

SERMON

"Lord, Teach Us"

Jeff Carlson

* HYMN

My Shepherd Will Supply My Need

1. My_ shep - herd will sup - ply my_ need; Je - ho - vah
2. When I walk through the shades of_ death Thy pres - ence
3. The sure pro - vi - sions of my_ God At - tend me

is his name: In_ pas - tures fresh he makes me_ feed, Be -
is my stay; One word of_ thy sup - port - ing_ breath Drives
all my days; O_ may thy_ house be my a - bode, And

-side the liv - ing stream. He brings my_ wan - dering spir - it_
all my fears a - way. Thy hand, in_ sight of all my_
all my work be praise. There would I_ find a set - tled

back, When I for - sake his ways; And_ leads me,_
foes, Doth still my_ ta - ble spread; My_ cup with
rest, While oth - ers_ go and come; No_ more a_

for his mer - cy's_ sake, In_ paths of truth and grace.
bless - ings o - ver - flows, Thine oil a - noints my head.
stran - ger, nor a_ guest, But_ like a child at home.

OFFERTORY

It Is Well With My Soul

Philip P. Bliss
arr. Gert Th. Walter

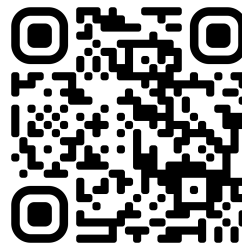
Jen Kew, Kecia Waldschmidt and Ashley Saluga, trio
Brendan Henry, piano

When peace, like a river, attendeth my way,
When sorrows like sea billows roll;
Whatever my lot, Thou hast taught me to say,
"It is well, it is well with my soul."
It is well with my soul, It is well, it is well with my soul.

Though Satan should buffet, though trials should come,
Let this blest assurance control,
That Christ has regarded my helpless estate,
And hath shed His own blood for my soul.
"It is well..."

ELECTRONIC OFFERING OPTIONS

*Scan this code with your cell phone camera,
Church Center at spucc.churchcenter.com/giving,
PayPal at spucc.org/paypal, or Zelle to giving@spucc.org.*

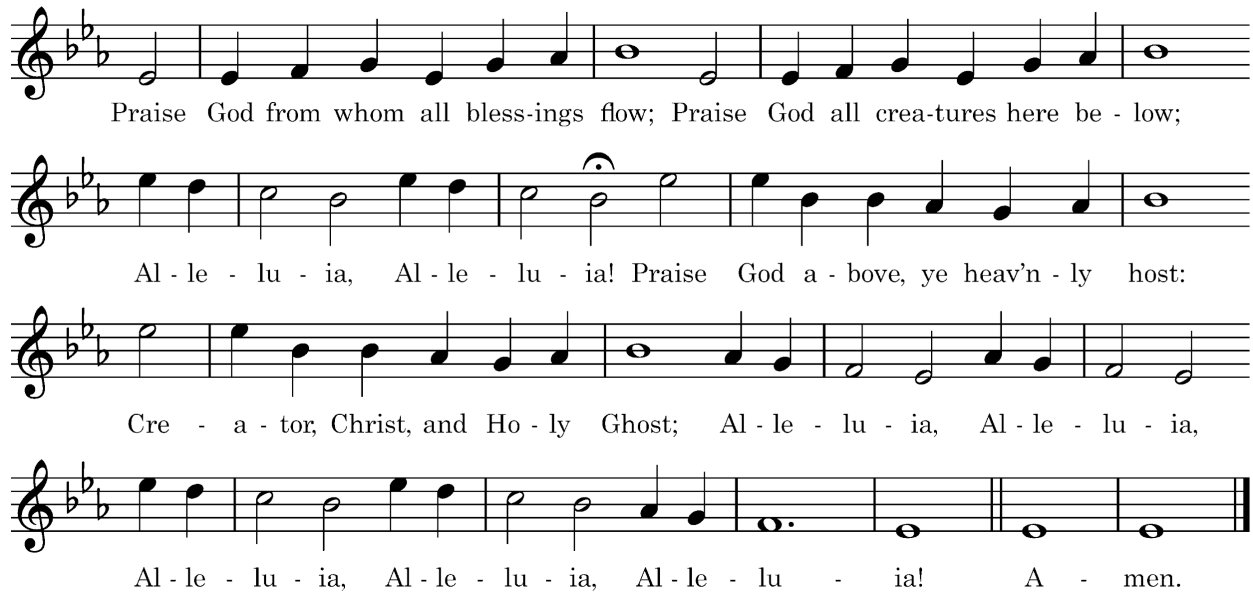


WELCOME CARD

*If you are a visitor, welcome! Thank you for
worshiping with us today!
If you would like to learn more about the church, please
scan the QR code.*



* FESTIVAL DOXOLOGY



Praise God from whom all bless-ings flow; Praise God all crea-tures here be - low;

Al - le - lu - ia, Al - le - lu - ia! Praise God a - bove, ye heav'n - ly host:

Cre - a - tor, Christ, and Ho - ly Ghost; Al - le - lu - ia, Al - le - lu - ia,

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia! A - men.

CELEBRATION OF THE SACRAMENT OF COMMUNION

INVITATION TO THE TABLE

WORDS OF INSTITUTION & PRAYER OF CONSECRATION

THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory forever.
Amen.**

SERVING OF THE BREAD AND CUP

Please come forward for communion.

Take the bread and eat it. Then take the cup and drink.

Deposit the cups in the baskets on the way back to your seat.

The outer ring of cups contains grape juice. The inner rings contain wine.

A gluten-free bread option is wrapped and available on a separate tray.

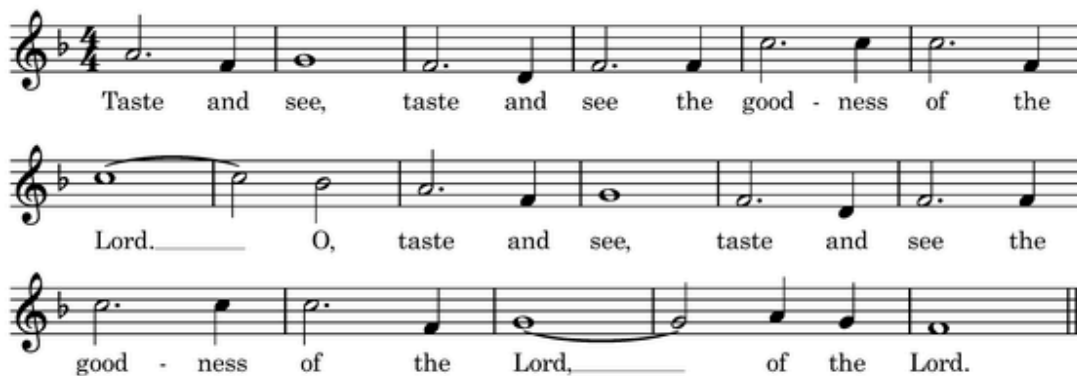
Return to your seat by the side aisles.

All are welcome to take part in communion.

COMMUNION MUSIC

Taste and See
St. Arbucks Quartet

James E. Moore

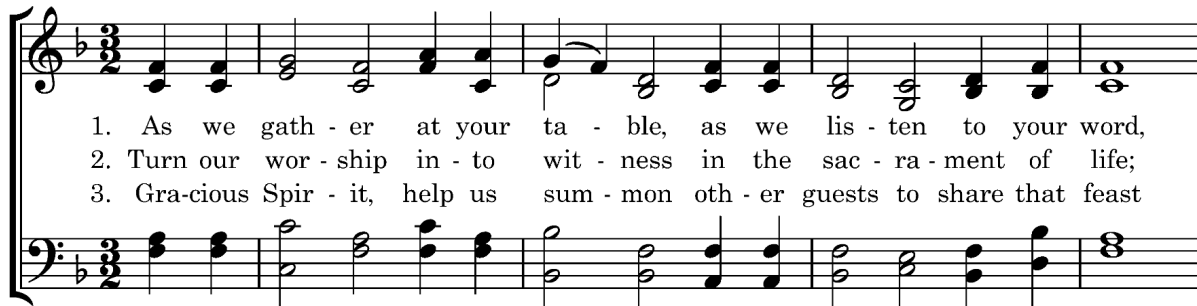


* PRAYER OF THANKSGIVING

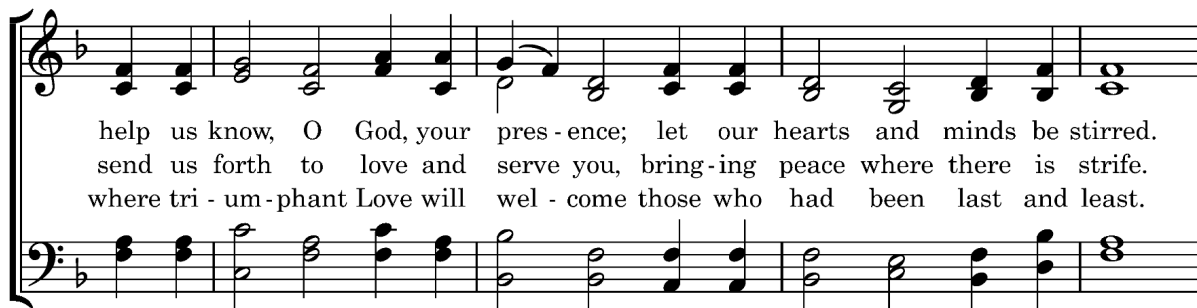
Bountiful God, we give thanks that you have refreshed us at your table by granting us the presence of Jesus Christ. Strengthen our faith, increase our love for one another, and send us forth into the world in courage and peace, rejoicing in the power of the Holy Spirit; through Jesus Christ our Savior. Amen.

* HYMN

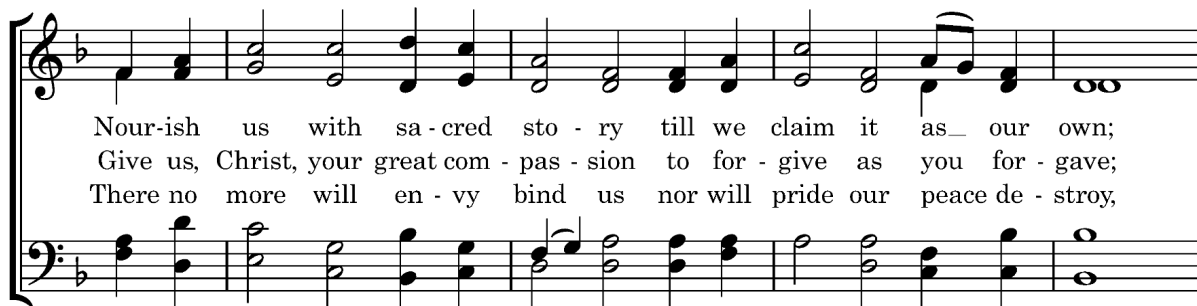
As We Gather At Your Table



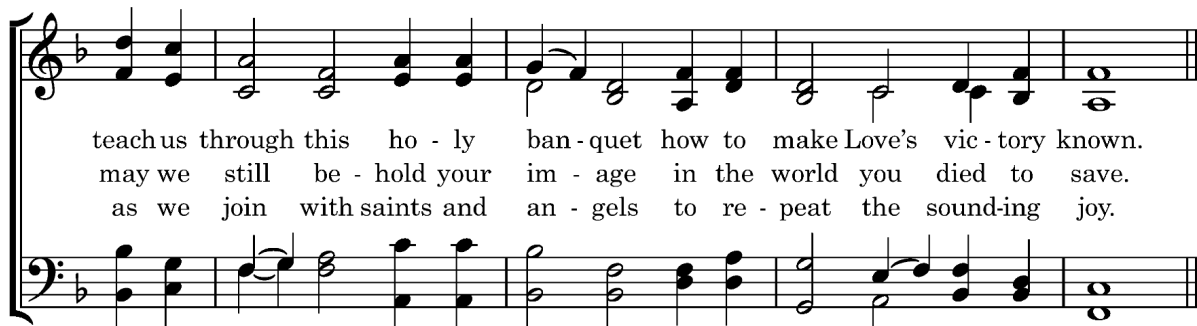
1. As we gath - er at your ta - ble, as we lis - ten to your word,
2. Turn our wor - ship in - to wit - ness in the sac - ra - ment of life;
3. Gra-cious Spir - it, help us sum - mon oth - er guests to share that feast



help us know, O God, your pres - ence; let our hearts and minds be stirred.
send us forth to love and serve you, bring - ing peace where there is strife.
where tri - um - phant Love will wel - come those who had been last and least.



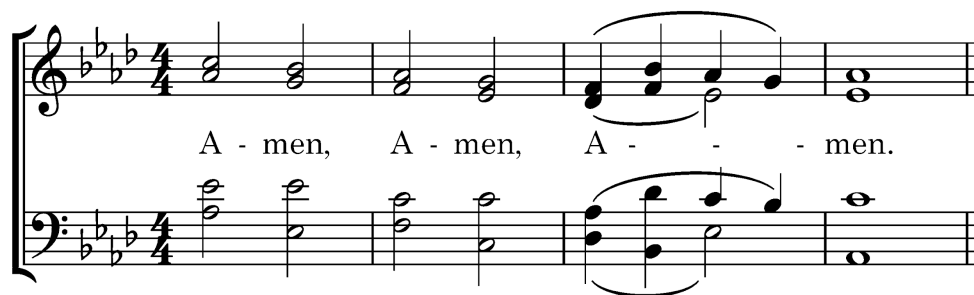
Nour-ish us with sa - cred sto - ry till we claim it as our own;
Give us, Christ, your great com - pas - sion to for - give as you for - gave;
There no more will en - vy bind us nor will pride our peace de - stroy,



teach us through this ho - ly ban - quet how to make Love's vic - tory known.
may we still be - hold your im - age in the world you died to save.
as we join with saints and an - gels to re - peat the sound - ing joy.

* BENEDICTION

* BENEDICTION RESPONSE



POSTLUDE

Sunshine Day
St. Arbucks Quartet

Danniebelle Hall

Kevin Dzierzawski is on a well deserved vacation and will return on August 10.

If you would like someone to pray with you today, Stephen Ministers are present after the postlude at the right front of the Sanctuary.

Following Worship, all are invited for coffee and snacks in the Social Hall. If you're visiting, be sure to stop by the Welcome Table so we can greet you and you can find out more about St. Pauls!

TODAY'S WORSHIP LEADERS

Clergy: Liz Nickerson, Jeff Carlson

Music Director: Kurt R. Hansen

St. Arbucks Quartet: Brendan Henry, piano; Alex Austin, bass; Matt Plaskota, drums; Kris Hansen, trumpet & vocals

Lay Liturgical Administrator: Kevin O'Brien

Scripture Reader: Jen Luerssen

Communion Coordinator: Jana O'Brien

Head Usher: Beatrice Jaji

Ushers: David Baker, David Faulkner, Fred Pearson

Gatekeeper: Dodd Brown

Camera Operators: Nana Addadzi-Koom, Jim Alrutz, Marie Ankenman, Bob Ball, Brian Hafner, Trevor Hafner

Custodian: Ramiro Gonzalez

Communion bread baked by Kristin Lane.

Would you like to donate altar flowers? Sign up here: tinyurl.com/4w6fu5js.

BORN THIS WEEK IN AUGUST

We give thanks for your life at St. Pauls. A perfect way to celebrate is by giving one dollar for each year of your life to our Birthday Fund, which supports A Just Harvest.

Aug. 3 Cruz Lohnes

Aug. 4 Marah Marshall, Mary Vasys, Nikki Miller, Tim Weidman, Zoe Lawrence

Aug. 5 Caleb Bryant, Vivian Hein

Aug. 6 Jenn Rogers

Aug. 7 Amy Beck, Moe Kelly, Tom Sadler, Wayne Bradley

Aug. 8 Eva Skye, Jim Javorcic, Owen Bunch

Aug. 9 Eleanore McGuire, Pat Grose

ST. PAULS PRAYS

Please clip this page and pray for those who are named below. To have your prayer request included, simply ask a pastor in person, on the phone or by email. Our practice is to run each prayer request for four weeks and then remove it. If you would like to continue a prayer request after four weeks, let a pastor know.

- Michelle Drew Rodriguez at the death of her father.
- Loved ones of Evert Martin at his death.
- Those grieving the loss of their loved ones in the Texas flood.
- Layton Olson on the death of his wife, Annette Robinson.
- Sarah Good at the death of her brother, David.
- Walter Crowley and his family on the loss of his wife, Carole Crowley.
- Harrison, Mackenzie, and Cameron Rogers on the death of their father, Toby.
- Bob Ball at the death of his older brother Phill, and for Phill's wife Jane and daughters Stephanie, Allison and Cherilyn.
- Dr. Rod Sippy, as he faces a long recuperation, as well as Erica Barbosa as she heals from a long illness.
- Donn Schimp and his family as Donn continues cancer treatment.
- Julie Chambers is in the hospital.
- Joe Harrington's mother on a recent diagnosis.
- Matthew Wallace, recently diagnosed with epilepsy.
- Dianne Witkowski, as she deals with cancer chemotherapy.
- That we each find our role, our voice, in bringing peace forward.
- Students, workers, and communities at risk of family separation, loss of homes and businesses due to government overreach.
- Wayne Bradley, pursuing ongoing treatment.
- Craig Wilbanks' mother and father, each of whom are facing serious health challenges.

Prayer, Support, Mental Health Resources

Even when you walk through the valley of shadows, God is with you. Help is available for every kind of issue. Contact one of the pastors today for support, referrals, and information that can help you and your loved ones.

UPCOMING EVENTS

TODAY - FILL THE SILLS

Let's line our window sills with donations of whole grains, pasta and dried beans to help Common Pantry's efforts to address the challenges that result from economic instability!

AUGUST 6 - WEDNESDAY BIBLE STUDY - Noon, Zoom

Join for summer school in 1, 2 & 3 John. These early Christian letters take off where the Gospel of John leaves off, encouraging lives of life, light and love. Led by Pastor Jeff, we meet once a week for about a half hour to 45 minutes over Zoom through August 20. Sign up on Church Center here: tinyurl.com/25rkpeky.

AUGUST 8 - ST. SABINA PEACE WALK - 7 p.m.

Join a group from St. Pauls as we join St. Sabina for their annual summer peace walks through the Auburn-Gresham neighborhoods. Thousands of people will gather for these powerful walks! Contact Louise Gram at (773) 870-6311 for additional information and RSVP on Church Center at tinyurl.com/55x9dj9x to coordinate carpools with other attendees.

AUGUST 8 - MOMS' NIGHT IN - WINE AND CHOCOLATE SOCIAL - 7:30-9:30 p.m.

You're invited to a special evening just for the moms of St. Pauls! Join us for a cozy night of laughter, good company, and well-deserved relaxation. Bring your favorite wine or chocolate to share, and let's toast to a night of connection and fun. We can't wait to see you there! RSVP at tinyurl.com/5n93wubj

AUGUST 10 - PRAYGROUND CHURCH - During worship

Kids start in worship with their families and then are released together to learn a specific type of prayer using the acronym P.R.A.Y.: praise, repent, ask, and yield. Then they will head to the park across the street or to the gym to create a prayer and play! Register here: tinyurl.com/54429p95.

AUGUST 10 - LUNCH MAKING FOR GUESTS AT LPCS - 11:20 a.m. -12 p.m.

Right after church, come to the kitchen across from the gym and help make sack lunches for the residents of the Lincoln Park Community Shelter. We provide all the needed food, but volunteers are asked to contribute \$20 each to help cover food costs for the lunches. Donations can be made via cash, Venmo, or Zelle. If you're interested, please use Church Center to sign-up: tinyurl.com/y46tn3pp.

AUGUST 10 – DINNER MAKING FOR GUESTS AT LPCS - 4-7 p.m.

Make a difference by helping prepare and deliver dinner for residents of the Lincoln Park Community Shelter. We'll meet at St. Pauls at 4 p.m. and deliver the meal to LPCS (600 W. Fullerton) around 6 p.m. We provide the needed food, but volunteers are asked to contribute \$30 each to help cover food costs for the dinner. Donations can be made via cash, Venmo, or Zelle. If you're interested, please use Church Center to sign-up: tinyurl.com/msytj254. Email Evie Kling at eviekling@gmail.com with questions.

AUGUST 12 – JANE AUSTEN 250 READING GROUP - 7 p.m., Zoom

December 16, 2025, is the 250th anniversary of Jane Austen's birth. We're reading her six complete novels, one a month, from July 8 - December 16. Monthly discussions will be over Zoom the second Tuesday of the month, except for December when we'll meet on her birthday. Sign up to participate here: tinyurl.com/yez6ejw6.

Contact: Pastor Jeff. August 12 - *Pride and Prejudice*; September 9 - *Mansfield Park*; October 14 - *Emma*; November 11 - *Northanger Abbey*; December 16 - *Persuasion*.

AUGUST 16 – ST. PAULS NIGHT AT GRANT PARK MUSIC FESTIVAL - 6:30 p.m.

Calling all music lovers! Join St. Pauls Social and hosts Cindy and Bob Ball for the season finale of the Grant Park Orchestra and Chorus on the Great Lawn at Millennium Park, featuring a performance of Carl Orff's *Carmina Burana*. Check out complete program details tinyurl.com/8f43smhh.

Bring a drink and snack to share. RSVP on Church Center using the QR code by August 8 so we can anticipate how much lawn to stake out. The concert begins at 7:30 p.m., but please plan on arriving no later than 6:30 p.m. You can text Bob at (773) 416-3117 when you arrive to find the group.



AUGUST 16-17– WOMEN'S FARM WEEKEND AT MARCIA VOLK'S FARM

Join us at Marcia Volk's farm for a weekend getaway! Come for Saturday only, or stay overnight. Enjoy hiking at Starved Rock, farm trails, wildflowers, 4-wheeler rides, and a zip line—or just relax. BYO lunch for Saturday. Potluck dinner and bonfire that night. Sunday includes optional church in Lacon, plus breakfast and lunch at the farm. \$10 suggested for expenses. First 12 to respond get beds (stairs required). Contact Gloria at glrjoseph@yahoo.com or Marcia at marcia@volkonline.com, (773) 307-6866.

AUGUST 26 – FOOD FOR THE SOUL GROUP - 12-1:30 p.m., Social Hall

Bring your own lunch. Sponsored by St. Pauls Social. Adults of all ages are invited to make new friends and reconnect with old ones through lunch, fun and faith. Childcare provided.

OCTOBER 5 – SAVE THE DATE: FIESTA FOR FUNDS

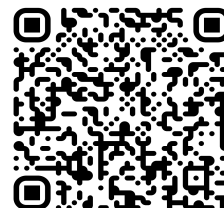
Mark your calendars for October 5 during Social Hour! Join the Activism and Advocacy Ministry for “Fiesta for Funds,” a silent auction to raise funds for our Migrant Legal Fund. This designated fund will help defray the remaining costs of guiding our sponsored families through the immigration process. More information will be available in early August for those who wish to donate lots for the silent auction.

A VERY SPECIAL THANK YOU TO EVERYONE WHO CONTRIBUTED TO THE MIGRANT HOUSING PROJECT LEGAL FUND! THE JUNE FAITH-FAMILY NIGHT FUNDRAISER RAISED \$2,651.57 TOWARDS OUR GOAL! STAY TUNED FOR FUTURE FUNDRAISING EVENTS.

ANNOUNCEMENTS

NEW! OPT-IN TO TEXTING FROM ST. PAULS

Want to receive reminders and announcements via text?
Simply scan the QR code and fill out the form!



WILD MILE NATIVE PLANT TOUR

The Green Team invites St. Pauls to learn about the Wild Mile’s biodiverse ecosystems on the North Branch of the Chicago River, Saturday, August 9, from 11 a.m. to 12:30 p.m. Led by Nick Dorian of the Chicago Botanical Center. RSVP at urbanrivers.org and/or call Ninon Freeman at (312) 447-1330 for more information.

REFUGEEONE: Their Back to School drive is underway! There is an Amazon gift registry that has the items RefugeeOne is looking for: tinyurl.com/2p8ybm4z. If you’re interested in participating, please use this list and have the items shipped directly to RefugeeOne by selecting the *RefugeeOne (Back2School)’s Gift Registry Address* when you checkout. Please order your items by Saturday, August 9, so that RefugeeOne will receive them in time to distribute them. Thank you!



SHARE YOUR HARVEST!

The Green Team will be setting up a table during Social Hour where any extra produce, herbs, and garden plants can be shared with the rest of the congregation. This table will be set up every week until late fall.

CHILDREN/YOUTH MINISTRY VOLUNTEERS

We have a variety of different ways you can serve as a volunteer with the children and youth ministry. This is a fun way to make a difference! Volunteers are needed to assist at events, with Sunday School, and in the nursery. All volunteers are required to complete a criminal background check, which we will pay for. Volunteers always serve in pairs of two, following our child safety policy. Please contact Pastor Liz if you would like to learn more at lnickerson@spucc.org.

NEW! BULLETIN ANNOUNCEMENT FORM

We've updated the process! Please use our new bulletin announcement form to submit St. Pauls-sponsored events for inclusion in the Friday newsletter and Sunday worship bulletin. **Submissions are due by 10 a.m. on Wednesdays and should be no more than 100 words.** Ready to share information about your event? Fill out the form here: tinyurl.com/5dtmhpra.

VOLUNTEER AS A SOCIAL HOUR HOST

If you're visiting a new church, going to Social Hour after worship and walking into a room where you don't know a soul can be really intimidating. We're looking for volunteers to be Social Hour hosts. What's the job description? Just be on the lookout for and then greet people you don't know. They may be new to St. Pauls. They may just be someone you haven't met yet. Either way, you'll make them feel welcome and make some new friends. Volunteer once a month, once a quarter, it's up to you. If you would like to serve as a host, you can sign up for an upcoming Sunday here: tinyurl.com/3f384fcm.

PALESTINE STUDY GROUP

Broaden your understanding of the Israel-Palestine conflict in this thoughtful and supportive group. All are welcome. Contact David Burnett at burnett.db@gmail.com.

ARE YOU CONCERNED ABOUT POLITICAL POLARIZATION?

Want to Talk? Communication Tools for Divided Times is an eight-session small group program that guides you in deepening your relationships while staying true to your values. This program draws upon the wisdom of experts in nonviolent communication, civil dialogue, and grassroots organizing, providing practical tools for navigating the political polarization of our time, as well as tough conversations with our loved ones. To find out more, visit tinyurl.com/yzj4cvan. Ready to sign up now? You can do so here: tinyurl.com/3n4jehnn

NEW MEMBER CLASS - SEPTEMBER 21

Join pastors, members and others curious about St. Pauls for our New Member Class. Together, we'll talk about faith and our community and we'd love for you to be part of the conversation! We'll meet after worship and childcare will be provided as needed. Next class: September 21 at 11 a.m. See other upcoming dates here: spucc.org/new_member_classes.

ST. PAULS MIGRANT HOUSING PROJECT LEGAL FUND

St. Pauls housed five Venezuelan migrant families in our building over the past two years. Today, nearly every single member of these families has achieved legal status, helping to safeguard their presence in Chicago for the time being and allowing them to work. Such legal aid is costly and ongoing. In a time of wild anxiety and uncertainty for these new friends, you can help make a difference for our migrant families by supporting our legal aid fund. If you'd like to make a donation, please choose "Migrant Housing Project - Legal Fund" from the drop-down menu on our giving page: spucc.churchcenter.com/giving.

DRIVERS NEEDED - SUNDAYS AND WEEKDAYS

We need members to drive older members to church on Sundays and to occasional doctors' appointments. Please email Pastor Liz for details at lnickerson@spucc.org.

HAVE SOME ODD JOBS? WE'VE GOT SOME WILLING WORKERS!

As they continue to work at supporting themselves financially, members of our migrant family friends would love to work for you. They are available for things like house cleaning, handyman repairs, moving items, painting, deck-staining, demolition & clean-up, and carpentry on things like deck and dry-wall. We have been assigning work at a rate of \$25/hour and ask that the jobs be a minimum of 3-4 hours. You can find out more by contacting our Migrant Housing Project Coordinator David Brown at dbrown@harrington-brown.com.

LITTLE LIGHTS SUMMER CAMP

Registration is open for summer fun! Our part-time summer program is geared toward ages 3+ and runs from June through August, Monday-Thursday from 8:30 a.m.-12 p.m. Camp combines play and structured fun inside our classrooms, in the gym and outside in the sun. We create arts and crafts, enjoy music and games, making friends and memories along the way! There is a 10% sibling discount and 20% Church Member discount (contact Erin for the code at erin.fitzgerald@spucc.org). Register here: tinyurl.com/2nt8zsvx.

LITTLE LIGHTS ENROLLMENT 2025-2026

We are accepting applications for the fall! We model and facilitate problem-solving strategies, build empathy and develop self-regulation skills. Through hands-on learning and play, children will benefit from structured socialization and gain a greater sense of themselves within our St. Pauls community. If you are interested in learning more about early education classes for your child, visit our website at www.littlelightslp.org or contact Erin Fitzgerald at erin.fitzgerald@spucc.org.

NURSERY VOLUNTEERS NEEDED

Our nursery is looking for caring and compassionate volunteers to support our staff and provide extra attention to our little ones. If you love playing, reading, and nurturing young children, we'd love to have you join us! Whether you can help for a few hours a month or on a regular basis, your time and kindness will make a meaningful impact. Sign up for a Sunday slot here: tinyurl.com/2j5dy6fp.

LOSS AND GRIEVING DISCUSSION GROUP

We've all lost someone we loved. Whether you lost someone you loved last month, last year, or five years ago, you can still grieve that loss. Grief changes, but it never goes away. Would you be interested in sharing stories with others who are in similar situations? We're not therapists, just your friends and neighbors who are also grieving and would like to share our ideas and learn how others are coping. We're planning to start a grief support group at St. Pauls, but we need to make sure there's interest for this. Please contact Pam Woll at pamelawoll3333@gmail.com if you think this might benefit you.

"HEALING HEARTS" PET SUPPORT GROUP: ST. PAULS PET LOSS COMMUNITY

Are you struggling with losing a beloved furry friend/companion/animal assistant? Losing a pet can be one of the most heart-wrenching experiences in life. At St. Pauls, we understand the deep bond you shared with your beloved pet/family member and we're here to offer support, understanding and a virtual shoulder to lean on. To join, visit tinyurl.com/healing-hearts-support. We meet on the fourth Tuesday of every month from 7-8 p.m. Age 18+ only, 30 participants maximum.

CREATION CORNER - provided by Green Team

Corn Sweat and Chicago's Rainforest Conditions

Living in an urban ecosystem, it is easy to forget that Chicago is subject to a phenomenon called "corn sweat," which is created by the evaporation of water through corn leaves. Other crops, such as soybeans and sorghum, also contribute and help create tropical rainforest conditions in the Midwest. Corn can release up to 4,000 gallons of water per acre into the lower atmosphere leading to extreme heat and flooding. This is a cyclical pattern which will wax and wane until crops are harvested; however, due to global warming, "corn sweat" is contributing to more exaggerated weather patterns.

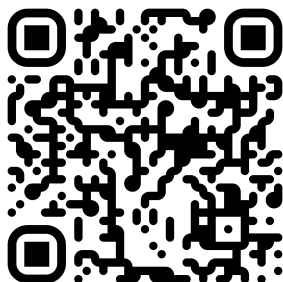
STEPHEN MINISTRY AT ST. PAULS

Our Stephen Ministers are here for you if you are going through a tough time. Extensively trained in compassionate Christian caregiving, Stephen Ministers are matched confidentially with someone in our congregation who is going through a crisis, such as the death of a loved one, a diagnosis, a divorce, a job loss, etc. They meet with you once a week for an hour to offer support through listening, companionship and prayer. If you wonder whether having a Stephen Minister might be helpful for you, please speak with Pastor Jeff, jcarlson@spucc.org. Every one of us could benefit from a Stephen Minister at some point in our lives.

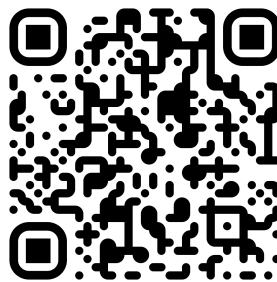
WANT TO GET INVOLVED?

Scan the QR codes to discover ways to connect with others.

JOIN A GROUP



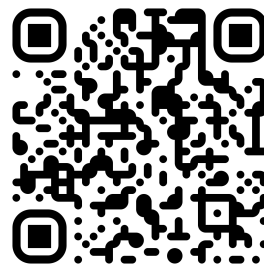
VOLUNTEER OPPORTUNITIES



SUBMIT AN ANNOUNCEMENT

For St. Pauls sponsored events, please fill out the new form **by 10 a.m. on Wednesdays for publication in the Friday email and next Sunday bulletin**. Share personal announcements/events on our Facebook group page, St. Pauls Together. **Please limit announcements to 100 words**. Thank you!

TODAY'S MUSIC



Élégie was composed in 1866 by French romantic composer Jules Massenet (1842-1912). It was originally composed for piano as a cycle entitled *Pièces de Genre* Op. 10 No. 5. Massenet later transcribed his own work for cello and piano, which is the version we hear today and that gained the most fame. It has been transcribed by others for many instruments, including a version for singers. Massenet was prolific, to say the least. He composed more than 30 operas, two of his most famous being *Manon* (1884) and *Werther* (1892).

Enter, Rejoice, and Come In was composed in the 1970s by Louise Ruspini (1900-2000), who also provided the text based on Psalm 100. The tune borrows from the first line of the refrain: ENTER, REJOICE.

The tune and text for **Let Us Break Bread Together**, the well-known communion hymn, are unattributed but became widely known after being published in 1926 in *The Second Book of Negro Spirituals*, which was curated and compiled by the famous poet, James Weldon Johnson, and equally prominent composer, J. Rosamond Johnson. The history of the text and tune probably predates the Civil War.

My Shepherd Will Supply My Need employs a text by the great English poet and hymnodist, Issac Watts (1674-1748). Watts set the entire book of Psalms poetically, many of which we still sing today, notably *Our God, Our Help in Ages Past*. RESIGNATION is another hymn melody whose composer is unattributed and was published in the great early-American hymnal, *The Sacred Harp*.

Our Offertory, **It Is Well With My Soul**, was composed in 1876 by Philip L. Bliss (1836-1878). He was a largely self-taught itinerant music teacher, who was converted at age 12 at a revival. It was Dwight L. Moody (1837-1899), famous evangelist and founder of Chicago's Moody Bible Institute, who encouraged Bliss to become a singing evangelist. The text was written in 1873 by Horatio G. Spafford (1828-1888), who also gave the Bliss tune its name, VILLE DU HAVRE. The tune is the name of the ship carrying his wife and four daughters from Chicago to vacation in France. The ship sank in the Atlantic after a collision with another vessel with only his wife surviving. He wrote this text **after** this loss.

Taste and See, both the tune and text, I WILL BLESS THE LORD AT ALL TIMES, were composed and written by James E. Moore (b. 1951) and was first published in 1983. Moore is a Black Catholic composer. A native of Virginia, he now resides, teaches and conducts a professional choir in Vienna. The text is a contemporary communion hymn.

The text for ***As We Gather at Your Table*** was written in 1989 by Carl P. Daw, Jr. (b. 1944). Daw, who has a Ph.D. in English literature, is the son of a Baptist minister and has penned a number of hymn texts. The tune, BEACH SPRING, is attributed to Benjamin F. White (1800-1879) and was first found in the great American shape-note hymnal, *The Sacred Harp*, which dates from 1844.

Sunshine Day was released in 1972 on Portrait Records and sung by Howard McCrary with four other family members. He is an Black American singer and actor. In 1986, he was nominated for a Grammy for his album *So Good*. He also guest starred on two television series, *Amen* and *Martin*.

ABOUT ST. PAULS

Making a Joyful Sound in the City!

St. Pauls UCC has a vibrant history in the city of Chicago. Founded in 1843, we are one of the city's oldest churches. In 1989, we became one of America's first congregations to declare ourselves "Open and Affirming" of LGBTQ+ people.

From founding Chicago's largest provider of social services to at-risk children to starting a home for the elderly, from housing protestors at the 1968 Democratic Convention to hosting Lincoln Park's first MLK day march against violence on Chicago's streets, we are proud to make a joyful sound in the city.

Most important, during the past 182 years we are glad to have introduced thousands of children and adults to the amazing, inclusive, life changing, uplifting love of God. We do so in worship that is traditional, but far from conventional.

Senior Pastor Matt Fitzgerald, mfitzgerald@spucc.org

Associate Pastor Jeff Carlson, jcarlson@spucc.org

Associate Pastor Liz Nickerson, lnickerson@spucc.org

For a complete list of St. Pauls Staff, Governance, and Lay Leadership
Please visit www.spucc.org/contact

St. Pauls United Church of Christ
2335 N Orchard St. | Chicago, IL 60614
(773) 348-3829 www.spucc.org

Sunday Worship at 10 a.m.
Free Parking is available Sundays from 9 a.m. - 1 p.m.
at the Lincoln Common Parking Garage, 2316 N. Lincoln Ave.
Parking validation is available in the main office.



WELCOME TO SAINT PAULS UCC!

Welcome to those whose hearts are on fire with faith,
and to those who bring their doubt inside our doors.

Welcome to our first time guests and
our longtime members.

Welcome to single people, tiny children,
grandparents and families of all configurations.

Welcome to those who rejoice and to those who grieve.

Welcome to LGBTQ+ people.

Welcome to each and to everyone.

We are blessed by your presence and
we are glad you are here.